



3045 S. National Ave.
Springfield MO 65804
Phone: (417) 882-1900
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OSS MRI OUTPATIENT INSTRUCTIONS

PATIENT NAME: _____ ARRIVAL TIME: _____

DATE OF EXAM: _____ SCAN TIME: _____

BEFORE YOU ARRIVE:

- Wear loose, comfortable clothing. Try to avoid metal fasteners, zippers, or metallic decoration. You may be asked to change into a gown.
- Leave any valuables, jewelry, or money at home. There will be a locker provided for you to leave your belongings, as these will not be permitted in the MRI scan room.
- MRI scan times vary from 30 minutes to 1 hour per exam. Please allow plenty of time in your daily schedule. Arthrogram procedures followed by MRI typically take 2 hours.
- **Arthrogram procedures:** If you are scheduled to have an arthrogram injection, please alert our nursing staff if you have any history of reaction to Iodine, shellfish, or are currently taking blood thinning medications.
- As a general rule, if you are having a MRI exam of a body part from the hips down to your feet, you will be in our scanner feet first with your head very close to the outer opening. Exams of body parts above the hips will require you to be in the scanner head first, with your feet out.
- If you feel you may need sedation for claustrophobia, please discuss this with our nursing staff prior to your exam date. Medications will be called in to a pharmacy of your choosing, should this be necessary. Please arrange to have someone available to drive you home after taking any sedation.
- If you have questions or concerns regarding your insurance coverage for your MRI exam, please contact your insurance company directly or contact your physician's nurse at (417) 882-1900.

THE DAY OF YOUR EXAM:

- You may eat, drink, or take your usual medications as directed. This includes any pain medications that you may need.
- The OSS MRI office is located at the south entrance, on Montclair street.
- You will be asked to arrive 30 minutes prior to your scan time. This time will be the arrival time given to you by the nurse. It is important that you are here at this time to complete a brief safety screening sheet, take any sedation medications, and give our MRI staff sufficient time to prepare you for your exam.
- Once you have completed your MRI, the results will be given to you by your physician in approximately 3-5 business days. You may be scheduled for an appointment to review the results with your physician. This will be arranged by the nursing staff.

**IF YOU HAVE OTHER QUESTIONS REGARDING YOUR UPCOMING MRI EXAM,
OR NEED TO RESCHEDULE THIS APPOINTMENT, PLEASE CONTACT US AT
417-882-1945**